

# *The Lady Lee*

February 2008

Officers' and Civilians' Spouses' Club, Fort Lee, Virginia

## **From the President...**

Happy Valentines Day! February is a busy month this year. February 5th is Mardi Gras/Carnivale (Fat Tuesday) and the 6th is Ash Wednesday. Then we've got Valentine's Day, and the President's Day holiday on the 18th. And, it's a lucky year with Leap Year!

On page 7 of this issue of *Lady Lee*, we've printed information for many of our special interest groups. Please join these groups—even if it's just one time. They're a lot of fun!

Wednesday, February 20th and Thursday, February 21st is the Fort Lee Army Family Action Plan (AFAP) conference at Memorial Chapel. If you are interested in being a delegate, or volunteering to help with the conference, please call Wendi (she's FLOCSC's Volunteer Coordinator). She's the AFAP Program Manager and has planned a wonderful conference this year. It's our chance to let our voice be heard and tell the Army's leadership what we'd like to see changed (either here at Ft. Lee or across the whole Army).

I'm looking forward to our luncheon on the 19th. Yummmm... chocolate!

**Cheers!**

Theresa

## **From our Parliamentarian—Jeanine**

The Nominating Committee would like to announce that we are now accepting nominations to the five elected board positions for the Fort Lee Officers' and Civilians' Spouses' Club 2008-2009. The elected positions and a brief description of each follow:

**President:** Serves as Chief Executive and administrator of the FLOCSC, its Constitution and By-Laws. Serves as an ex-officio member of all club committees, except for the Nominating Committee.

**First Vice-President:** Assists the President in any duties the President deems necessary. Plans the September Welcome Coffee and is responsible for organizing the decorating of the Lee Club at the end of November for the holidays. Assumes the Presidency if the President is unable to complete the term of office until a new President is elected.

**Second Vice-President:** Coordinates all the monthly general membership meetings. Responsible for eight luncheons during the year. Assumes the office of the First Vice President if the First Vice President is unable to complete the term of office until a new First Vice President is elected.

**Recording Secretary:** Records accurate minutes of all meetings where business of the FLOCSC is conducted.

**Treasurer:** Handles all financial matters for the FLOCSC. Attends monthly Welfare and Thrift Shop Committee meetings.

If you are interested in serving in one of these positions next year, or know any member who is interested in serving our great club, please contact Jeanine by phone or e-mail.

## *February Luncheon*

### *Chocolate 101*

Put on those thinking caps and come back to school—chocolate school that is! YUM! YUM! Our “teacher” is Heidi, the Manager from Godiva Chocolatier (located at the Stony Point Shopping Center). She will educate us on the history of chocolate, have some taste testing and will have some things to purchase, as well, as the scrumptious centerpieces that will be given away.

Let’s make sure Heidi will come back again, **so please make sure to bring a little extra cash to indulge in all that glorious chocolate!**

**When: Tuesday, February 19th**  
**Time: 11 am to 1 pm**  
**Where: Lee Club, Ft Lee  
in the Lee Room**  
**Menu: Trio Salad (chicken, tuna and pasta) resting on  
lettuce, fresh fruits, hot dinner rolls, crackers,  
Chef’s special dessert, coffee, iced tea and  
water; Chef’s salad may be substituted.**

(Luncheon theme may be subject to change due to having a guest speaker.)

#### Reservations

Please make your reservation **no later than 5:00 pm on Wednesday, Feb 13th**. Send an e-mail to [reservations@fortleespousesclub.com](mailto:reservations@fortleespousesclub.com) Please include your name, telephone number and menu choice ("Meal" or "Chef Salad"). **Late Arrivals:** If you know you will be arriving later than 11:30 am, please tell me so I don't give your meal away as a "No Show."

All cancellations and menu changes for **Permanent Reservations** are also due by 5:00 pm, Wednesday, Feb 13th.

#### Cancellations

There is no charge for cancellations I receive by the Wednesday, 5 pm deadline. You must talk to me or email me or leave a voice mail at my telephone number. However, **IF**, after the cancellation deadline, you find you will not be able to attend the luncheon, please let me know. I keep a list of the cancellations I receive after the deadline and apply any Walk-Ins against that list, in the order I (not another Board member) receive the cancellation. Remember though, **I cannot guarantee your cancellation cost (\$10.00) will be paid by another member.** It totally depends on whether we have Walk Ins on the the day of the Luncheon.

#### Planning Ahead!

The March Luncheon reservations are due no later than 5:00 pm on Wednesday, Mar 12th. Please include your name, telephone number and menu choice ("Meal" or "Chef Salad").

## **Thrift Shop News**

Happy Valentine's Day to everyone this month. Thanks so much to all who came out to help with our January 28<sup>th</sup> clean up day at the Thrift Shop. It is always good to get things organized and ready for the costumers.

The Bag Sale is on going—a dollar plus tax per bag is the best deal in town. The costumers love it. We are also been very busy with consignments, and the outside bin has been full every day! Thanks to all our Volunteers who work very hard to assist our costumers and price all the items for sale.

Our December profit to the FLOCSC welfare fund were \$1,000, not bad at all since the Shop was only open for two weeks. The Volunteers donated 162.50 hours in December. Our Volunteer of the Month is Pat. Thank you Pat for all you do in consignment. We would also like to thank Angie for giving her time keeping the children's room in tip-top shape. I would also like to inform our members that Angie is working on making the consignment contracts available for print on the Thrift Shop website. Keep checking the website for details.

Thanks to the members that made a purchase from the Thrift Shop table at the January luncheon, we added \$50 to our profit. Easter is coming early this year, look for a great selection of items at the February's luncheon. As always we would love to see you at the Thrift Shop. Volunteers are always needed.

Happy Birthday from all of us to  
Pat, Ibani and John.

Jutta Gray  
Thrift Shop Chair

For hours of operation: please visit our website at [www.fortleethriftshop.com](http://www.fortleethriftshop.com)

## Welfare report

The FLOCSC Board of Directors approved three requests for funds at the January meeting. The first request was to donate \$100 to the Colonial Heights High School After Prom Committee. Our donation will help to provide prizes, contests, games, and food for all seniors who attend the alcohol and drug-free all night After-Prom Celebration.

The second request was granted to support the Hospital Hospitality House in Richmond. The \$250 donation will help provide lodging to patients and families that are being treated in the Richmond area hospitals to include McGuire Veterans Hospital.

The third request was to donate \$500 to the Tragedy Assistance Program for Survivors (TAPS). Please see Welfare Watch for more information on this outstanding organization.

FLOCSC received many thank you notes from the Wounded Warrior Project, the Military Child Education Coalition, the U.S. Army Women's Foundation, MWR for Holiday Helper, the Army Quartermaster Foundation, and from the Army Distaff Foundation/Knollwood. Also received were the Hospital Hospitality House Annual Report for FY 2007 citing FLOCSC as a donor, the winter issue of the Tragedy Assistance Program for Survivors (TAPS), and 21 calendars for 2008 from TAPS.

Cindy  
Welfare Chairperson

## “Welfare Watch”

This month's Welfare Watch organization is America's only nonprofit Veterans Service Organization chartered solely to assist the surviving families of military members who have died while serving our nation. The Tragedy Assistance Program for Survivors (also known as TAPS) was founded in 1992 by Bonnie Carroll after the death of her husband, Brig. Gen. Tom Carroll. She saw a need because as she states “A loss in the military is unlike any other loss. Families struggle not only with sudden traumatic death, but with the severed connection to their military family.” TAPS is there months and years after the loss and provides the support, the education, and hope for not only the family members of our fallen heroes but for the friends and co-workers too. There are many great services TAPS provides but the one I thought was especially helpful is the Good Grief Camps it sponsors at locations across America for the children. The average age of attendees is 6! Here the children are paired up with both military members and peer counselors (those are individuals that have experienced the loss of a military member too) and get to experience many healing activities while being able to express themselves in a safe environment. I highly suggest you check the TAPS website, [www.taps.org](http://www.taps.org), for more information on this organization.

Cindy  
Welfare Chairperson

## Upcoming Luncheons:

*March: Make It, Bake It, Sew It, Grow It Auction*  
(menu: Ham Wrap, fresh fruit, pasta salad, hot rolls, crackers, chef's salad available upon request)

*April: Weekenders Fashion Show*  
(menu: grilled chicken Caesar salad, hot rolls, chef's salad available upon request, chef's special dessert)

*May: Scholarship Awards & Installation of Officers* (menu: TBD)

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## FLOCSC Membership

### is open to:

- spouses of active duty, reserve duty, retired or deceased officers and warrant officers of Army, Navy, Air Force and Marines living in the Fort Lee area
- retired officers and warrant officers living in the Fort Lee area
- spouses of GS-7 and above (presently employed, retired or deceased)
- Civil Service employees who are GS-7 and above (presently employed or retired)
- spouses of active duty foreign officers assigned to Fort Lee

*The Langley Officers' Spouses' Club invites you to the  
2008 Joint Services Luncheon*

# *“Together We Serve”*

*featuring  
Margaret Hall Hoybach  
retired Air Force spouse & artist*

*Thursday, March 13, 2008  
Bayside NCO Club, Langley AFB  
10:30 a.m. social period & shopping*

## **MENU CHOICES:**

### **Choice #1**

*Stuffed chicken breast  
with supreme sauce*

### **Choice #2**

*Grilled salmon with  
mango salsa*

*Both meals are accompanied by spinach salad, rice pilaf,  
green bean medley, rolls, dessert and beverage.*

**Cost: \$20**

*This event is open to ALL active duty and retired military spouses; you do **not**  
need to be a member of any area spouses' club.*

### NOTE FOR FLOCSC MEMBERS:

*If you wish to attend, call Theresa Crean at 748-9386 or e-mail  
Theresa.crean@us.army.mil and let her know. We can organize a carpool.*

## Book Club

The book we will be discussing in February 2008 is "A Thousand Suns" by Khaled Hosseini.

We will meet at Java Mio coffee shop in downtown Old Towne Petersburg on Friday Feb 29 at 10:45 for an informal discussion of the book. The group is open for anyone who would like to attend. Join us!

Linda

## The Retired Officers' Wives Shirley—Retired Wives Representative

February Luncheon  
Tuesday, February 26, 2008  
11:30 am  
Marie's Café & Italian Restaurant  
16 W. Old Street, Petersburg  
Hostess: Hildegard

## Taste of Home Cooking School

Taste of Home Magazine puts on a cooking school in the area once a year and it's coming up! They demo recipies and give away great stuff (food from Ukrops, appliances, dinners etc).

This year it is a Hopewell High School on Weds, Feb 20 at 7pm (doors open at 4). It's a ton of fun, especially if you go with a couple of friends.

For tickets, contact Kelly or we can meet there.

## FLOCS Cookbook Recipes of the Month

### Oreo Truffles

Angie

1 pkg. regular Oreo cookies  
8 oz. softened light cream cheese  
1 1/2 (12 oz.) pkgs. semi-sweet mint chocolate chips (or any flavor)

Crush Oreos into small crumbs. Add the cream cheese and mix until a smooth dough is formed. Make into small balls and place on pan lined with wax paper. Refrigerate while chocolate is melted (about 5 mintues).

Dip balls in melted chocolate using metal tongs. Place on wax paper. Refrigerate for at least 15 minutes to allow the choclote to set. Keep refrigerated until ready to serve. Makes 40-45 truffles.

### Raspberry Angel Dessert

Marion

1 (3 oz.) pkg. raspberry sugar-free Jello  
1 1/3 c. boiling water  
1 pkg. frozen raspberries  
1 (8 oz.) carton fat-free low sugar Cool Whip  
Angel Food cake, torn in pieces

Dissolve Jello in boiling water. Add frozen raspberries, stir until defrosted. Cool until a little thick. Put cake chunks on bottom of an 8- or 9-inch square pan. Set aside 1 cup of berry mixture. Fold Col Whip into the rest of the berry mixture. Pour over cake, arrange with fork. Pour reserved berry mixture over top. Chill until firm.